

Keep Your Breath Fresh This Holiday Season With These Simple Items

This is the season you around family, strangers, and everyone in between for long periods of time. So try to keep a few of these things handy.

Fresh Lemon/Limes
Fresh Mint
Cinnamon Sticks
Peppermint Leaves
Ginger
Apples

Sugarless Gum
Water
Parsley

